

**2005-2006 CDBG PUBLIC SERVICE GRANT
APPLICATION SUMMARIES**

ADULT DAY SERVICES

Amount Requested: \$10,000

Annual Service Goal: 28 Individuals

Program Description: Adult Day Services of OC is committed to providing affordable quality dementia care, based on the latest research findings, to families from all socioeconomic and cultural backgrounds. In July 1999, the agency moved from its prior home in Costa Mesa's Rea School to a state-of-the-art facility, built in partnership with Hoag Hospital and designed specifically for dementia care. Within this safe, supportive, and homelike environment, participants enjoy stimulating recreational and social activities, including music, arts and crafts, exercise, intergenerational experiences, and interactive games. Based on individual needs, participants also receive professional services, including nursing care, medication management, rehabilitative/maintenance therapies, supportive counseling, and nutritional monitoring. Also, to sustain families across the long course of dementia, the center supplements direct care with case management, support groups and educational seminars.

ASSESSMENT AND TREATMENT SERVICES CENTER

Amount Requested: \$10,000

Annual Service Goal: 105 Individuals

Program Description: ATSC provides free evaluations, assessments and psychological treatment to school aged children (5-18) and their families who are residents of the City of Costa Mesa, are of low to moderate income level, and are referred by either school personnel or the City of Costa Mesa Police Department. These children and adolescents are referred for behavior problems, learning disabilities, physical or sexual abuse, depression, anxiety disorders, attempted suicides, family problems or other psychological or emotional problems. ATSC has been addressing with Children and families in Orange County since 1974.

BOYS AND GIRLS CLUB OF THE HARBOR AREA

Amount Requested: \$15,000

Annual Service Goal: 375 Individuals

Program Description: The Academic Outreach Program is designed to assist children who are members of the Westside Unit of the Boys & Girls Club of the Harbor Area. The program focuses on the completion of daily homework assignments with 1-on-1 assistance from an adult tutor. A Boys & Girls Club member is required to complete their assigned homework in order to participate in recreational activities offered after school. Those that do not have homework or have completed their assignments prior to arrival have grade appropriate worksheets available to fulfill the daily requirements of the program. In collaboration with Pomona & Rea Elementary Schools along with Tewinkle Middle School, Boys & Girls Club staff track participants' performance & improvement. Teachers are provided weekly progress reports for children who attend the Club & have been identified as in need of 1-on-1 tutoring. Members that show improvement may be mainstreamed back into the larger group. Those that remain in

need of extra support will continue to receive individual assistance & extra communication with the school & parents. Educational field trips are offered as incentives for participation.

CAMP FIRE USA, O.C. COUNCIL

Amount Requested: \$14,365

Annual Service Goal: 300 Individuals

Program Description: Youth For Arts was created by Camp Fire in 1995, at the request of school principals, teachers and parents in Costa Mesa who were in need of quality, accessible and affordable after-school programs to provide positive alternatives to youth in their out-of-school hours. Camp Fire's Youth for Arts curriculum-based programs combine arts education with youth development principles and include dance, theatre, creative writing, crafts and visual arts programs. Youth for Arts classes are taught by trained and qualified instructors utilizing structured, well-developed and age-appropriate curriculum. Each program can be customized to meet the needs of the program site and children, but courses are typically eight, 60-minute sessions long. Classes can serve up to 20 students and Camp Fire provides all the required supplies and activities.

COSTA MESA SENIOR CORP. – SOCIAL SERVICES

Amount Requested: \$30,670

Annual Service Goal: 250 Individuals

Program Description: Costa Mesa Senior Center clients are seniors age 50 and older. The clients are socio-economically mixed. More than 75% of the clients served by our Social Services Department are extremely low-income (0% - 30% of County Median Income) and are struggling to survive on retirement or disability. Approximately 65% of these seniors were alone with no family last year, and nearly 75% of Social Services Department clients are frail and/or disabled in some way. Costa Mesa Senior Center is the only agency that provides seniors with a wide array of no-cost services to address such needs as loneliness, isolation, financial and health insurance problems, referrals for housing, home care, transportation, groceries and legal help. The goal of the Social Services Department is to enhance the seniors' well being through increased mental and physical health, as well as serving as a welcoming extended family for clients who otherwise have no one in their lives. This goal is accomplished through reducing loneliness, isolation and depression -- all of which greatly and negatively affect clients' health.

COSTA MESA SENIOR CORP. – PREVENTIVE HEALTH CARE

Amount Requested: \$28,988

Annual Service Goal: 136 Individuals

Program Description: The Center's client group includes seniors aged 50 and older. Such seniors often tend to have the greatest needs because they do not have health insurance; after age 65 they qualify for MediCare. Nearly 75 percent of our seniors are considered frail and disabled in some way, i.e., difficulty walking, difficulty seeing. More than 60 percent are considered extremely low income (30%-0% of median income) and are mostly retired and struggling to survive on welfare or Social Security. Most live on

the West side of town, which houses nearly 75 percent of Costa Mesa's poor. The preventive health care program will focus on early detection and treatment to avoid serious health diagnoses and complications that are costly and place a heavier burden on clinics, hospitals and emergency rooms.

COLETTE'S CHILDREN'S HOME – EMERGENCY SHELTER

Amount Requested: \$15,000 **Annual Service Goal:** 15 Individuals

Program Description: Colette's Children's Home's mission is to provide homeless single women and homeless mothers with children a safe home and nurturing environment where they can obtain emergency shelter. Collete's Children's Home works with each client individually to ensure they obtain transitional or permanent housing. Colette's Children's Home has been serving homeless women and children since 1998. In the past six years of service CCH has served and housed over 450 women and children. In the past fiscal year Colette's Children's Home has served 120 residents. Fifty one of those served were women and sixty nine were children. The overall goal of our organization is to meet the multiple and complex needs of homeless families in Orange County. Funds received from the Community Development Block Program will be used to provide services which will reduce repetitive episodes of homelessness and help our clients obtain transitional or permanent housing.

COLETTE'S CHILDREN'S HOME – TRANSITIONAL HOUSING

Amount Requested: \$15,000 **Annual Service Goal:** 15 Individuals

Program Description: Colette's Children's Home's mission is to provide homeless single women & homeless mothers with children a safe home & nurturing environment where they can obtain the support & services they need to achieve self-sufficiency. CCH has been serving homeless women & children since 1998. funds will be used to support transitional shelter and services provided by CCH. CCH attends to the aforementioned problems by offering weekly case management, which includes: assisting women in job development & job retention, budgeting, child care & daily intervention when needed

COMMUNITY SERVICES PROGRAMS INC., CSP YOUTH SHELTER

Amount Requested: \$10,000 **Annual Service Goal:** 20 Individuals

Program Description: CSP Youth Shelter is the only 6-bed residential program that is specifically designed to reunify youth with their family members and is open to all Orange County youth and families, regardless of income. In 2004, the Shelter celebrated 25 years of continuous service to the residents of Orange County. Services include shelter; 24 hour supervision; individual, group, & family counseling; meals; clothing; tutoring; prevention and life skills development activities. The Shelter serves homeless, runaway, and at-risk youth ages 11-17 and provides counseling and parenting classes to the family members. Referrals to the CSP Youth Shelter come from Costa Mesa middle and high schools, police, community agencies, churches, youth services, concerned friends and family members and from the young people

themselves. The goals of the Shelter program are family preservation and diversion of at-risk youths from the juvenile justice system.

DAYLE McINTOSH CENTER FOR THE DISABLED

Amount Requested: \$7,500

Annual Service Goal: 140 Individuals

Program Description: In a survey recently conducted by the Orange County Health Care Agency, people with disabilities, family members and caretakers, health care providers, and administrators of agencies serving persons with disabilities identified frequent obstacles to health care faced by individuals with physical and mental limitations. Among the findings were a lack of knowledge about publicly funded health insurance programs and insufficient skills among health care providers when treating persons with disabilities. In daily contacts with consumers with disabilities, the applicant organization encounter a lack of awareness of patients rights and confusion regarding eligibility criteria for various health benefits. Often people with disabilities do not receive the medical care they need because they are unable to access assistance due to structural, attitudinal, or socio-economic barriers. When persons with disabilities do not have access to adequate health care, the results can be severe. It isn't uncommon for secondary disabilities to occur if a primary disability is not treated properly. The proposed project will offer outreach, education and advocacy to bridge existing gaps in health care services for persons with disabilities Costa Mesa residents to be targeted will be those with permanent disabilities.

California Elwyn

Amount Requested: \$25,000

Annual Service Goal: 39 Individuals

Program Description: People with disabilities are the single most unemployed group in America, with an unemployment rate of 70% according to the President's Committee on Disabilities. California Elwyn's Work Services program assists people with developmental disabilities in securing paid work experience and community employment. Through the use of subcontract work clients develop and enhance employment skills needed to become employed in the community. By assisting people with disabilities become more economically independent the Work Services program is enabling clients to fully participate in their communities as a consumer, taxpayer and overall citizen.

Families Costa Mesa

Amount Requested: \$15,000

Annual Service Goal: 100 Individuals

Program Description: Hands on activities such as science adventure clubs, summer day camps, academic programs, self defense classes, recreational activities and family activities to empower our youth and minimize their risk factors to gangs, drugs, and teenage pregnancy. The age range for our youth programs is from 4 years to 14 years. According to the 9th Annual Report on the Conditions of Children in Orange County (Children and Families Commission of Orange County), there is a 12% projected increase in the County's youth population between 2001 and 2006. Some criminal

leaders have predicted a return to increases in delinquency rates. Others cite the positive benefits of new and creative after-school and youth programs aimed at youth who are at highest risk of delinquency. Over the long-term, programs such as ours are seen as ways to help reduce juvenile delinquency and provide a positive environment for youth to reach their full potential.

FISH of the Harbor Area – Homelessness Prevention Program

Amount Requested: \$22,000

Annual Service Goal: 200 Individuals

Program Description: Current rental costs leave little in the family budget for other basic necessities and no financial cushion for illness, job layoff, car repairs, and other unexpected expenses. In keeping with its mission to "prevent homelessness and hunger in our community," FISH provides a helping hand so families can be restored to self-sufficiency. The Homeless and Hunger Prevention program assists low-income Orange County families with the following expenses: 1) One-time rental assistance to avoid eviction; 2) Utility assistance to prevent shut-off and expensive reconnection fees. FISH Homeless and Hunger Prevention program is unique due to its effective case management strategies and its proactive nature, helping clients before they become homeless. Budget counseling is an important component. The Case Manager helps the client develop a realistic budget to prioritize expenses, guide monetary decisions, and identify expenses that can be reduced or eliminated.

FISH of the Harbor Area – Mobile Meals Program

Amount Requested: \$30,000

Annual Service Goal: 130 Individuals

Program Description: FISH-Harbor Area and Hoag Hospital have partnered to offer the Mobile Meals Program to provide daily nutrition to homebound individuals who are incapable of shopping or cooking for themselves and have no one to perform these duties. Each client receives two daily meals, prepared at the Hoag Hospital kitchen under a registered dietician's supervision and delivered by volunteer drivers to the client's home Monday through Friday, including holidays, between 11:30 a.m. and 1:00 p.m. Home-delivered food programs are especially important due to the correlation between proper nutrition and good physical and mental health. Homebound persons who do not have access to regular nutrition compromise their well-being by not eating at all or snacking on low-nutrient foods, often resulting in premature institutionalization at costs that far exceed the expense of home-delivered meals. The distinguishing characteristics of the Mobile Meals program are: (1) All homebound individuals are eligible without regard to age or medical diagnosis; (2) Hoag Hospital dietitians customize each meal to the client's medical specifications; (3) The free Lifeline Response Service, a device worn on the wrist or around the neck, is available to help clients easily and quickly summon emergency assistance.

Human Options Second Step

Amount Requested: \$35,000

Annual Service Goal: 60 Individuals

Program Description: During 2004 Human Options received over 4,800 calls to their hotline from families in crisis, the majority of which originated from Costa Mesa and Santa Ana residents. Second Step Housing program serves homeless, victims of domestic violence and their children. Second Step also provides families with the tools for independent living and self-sufficiency. Many families in crisis need time to achieve self-sufficiency and to break the cycle of domestic violence. These families generally have a poor education level, extremely low-income, and minimal job skills. Programs providing housing with extensive support services in a safe environment are crucial to the success of a mother and her children. Second Step Housing program is a 12-month independent living program in Costa Mesa designed to give families fleeing domestic violence the additional time to become self-sufficient. In addition to receiving appropriate support services, clients are able to find adequate employment, increase their income, achieve greater self-determination through personal goal setting, goal completion, and ultimately, locate affordable permanent housing.

Info Link Orange County

Amount Requested: \$10,000

Annual Service Goal: 517 Individuals

Program Description: Info Link Orange County provides a comprehensive information and referral system that links Orange County residents to appropriate community health and human services and support. Last year we provided 26,000 referrals to people in need of food, clothing, medical assistance and much more. Info Link also connect community volunteers with opportunities to make a difference in their neighborhoods. As a result of Info Link's efficient and effective information and referral service the California Public Utilities Commission (CPUC) has designated Info Link the lead agency for the Orange County 2-1-1 calling system. 2-1-1 will enable residents to dial one number when they are in need of social services and while its implementation is federally designated, it receives no federal funds and must be funded locally. Info Link Orange County's 2-1-1 program will direct our residents to the services they need.

Mercy House

Amount Requested: \$5,000

Annual Service Goal: 10 Individuals

Program Description: Mercy House operates three transitional shelters for homeless individuals and families. Joseph House serves 20 single men including emancipated youth, veterans, and single men over the age of 21. Regina House serves seven mothers and their children. Emmanuel House is a 21-bedroom home that houses men and women living with HIV and/or AIDS. Our goal is to end homelessness for all who enter the system of care. Each Mercy House client receives direct personal care through our Planning for Success Program that improves clients' material and financial self-sufficiency, the Wellness Program, which improves clients' health conditions, and the Learning Matters Program, which will increase clients' self-sufficiency.

Orange Coast Interfaith Shelter**Amount Requested:** \$30,000**Annual Service Goal:** 500 Individuals

Program Description: Orange Coast Interfaith Shelter has been providing emergency and transitional housing and supportive services to homeless families and individuals since 1981. programs are in place and functioning well, along with an Efforts to Outcomes tracking program to monitor progress of the programs as well as the participants. The Transitional Program helps homeless families on their journey to self-sufficiency. The parents are either single or dual parents with an average of 4 children per family.

Project Independence/Vantage Foundation**Amount Requested:** \$15,000**Annual Service Goal:** 45Individuals

Program Description: Project Independence, in collaboration with the Vantage Foundation, will continue to expand Community Employment Services (CES) for adults with disabilities. Community Employment Services helps individuals to set vocational goals, sharpen their job seeking skills, find community employment, provide on-site training and support to maintain employment. Census data indicates that up to 80 percent of Americans with disabilities remain unemployed. California has been a leader in the employment movement but budget cuts have reduced funding for these efforts. Many of the most disabled find the changing job market even more difficult as employers require increasing technical skills and broad skills. Through our collaboration, we will expand that support to more fully develop both volunteer and paid jobs for a wider range of individuals in order to include people with the most significant disabilities.

Senior Meals and Services**Amount Requested:** \$20,000**Annual Service Goal:** 153Individuals

Program Description: Costa Mesa has a large number of low to moderate income senior citizens. As they age many of them face premature institutionalization without the services that we provide through our Home Delivered Meals Program. Monday through Friday local volunteers deliver our meals and are able to visit and check up on our frail, at-risk clients. Visits by our trained social services staff to the homes of many seniors in Costa Mesa have revealed that a great number of these elderly persons suffer from severe mental and physical health problems, and have difficulty maintaining their homes in safe and sanitary condition.

Save Our Youth**Amount Requested:** \$15,000**Annual Service Goal:** 380 Individuals

Program Description: Save Our Youth (SOY) is a violence prevention center located in Costa Mesa's Westside community. It provides educational, recreational, and social activities in a safe, supervised environment in the after school hours for youths ages 11-18. The main objective with the Gang Prevention through Alternative Activities is to attract, retain, and mentor at risk youth, both male and female, that are most likely to participate in an at risk, gang related lifestyle. Since our inception over 10 years ago,

SOY has provided Costa Mesa's marginalized youth with an identity. SOY is the ONLY program, operating in the after school hours, that provides violence prevention programming to the most important demographic in Costa Mesa's low income communities, (youths ages 11-18).

Serving People In Need

Amount Requested: \$20,000

Annual Service Goal: 13 Individuals

Program Description: The Substance Abuse Rehabilitation Program (SARP) assists disabled, low-income and homeless substance abusers to enter recovery. The program provides room and board in a recovery home with which SPIN works with for one month while the individual seeks employment and is, therefore, able to assume his/her own rent. Clients are also provided with one-on-one case management for the duration of the program, bus coupons or assistance with transportation to locate employment, professional counseling at a reduced rate, emergency medical and dental assistance, re-entry assistance (work boots, uniforms, job training), legal assistance to clear up past problems (child support, old tickets), access to life skills workshops, etc.

Think Together

Amount Requested: \$10,000

Annual Service Goal: 280 Individuals

Program Description: THINK Together assists educationally at-risk youth in low-income areas by providing homework assistance and academic support in order for them to stay in and succeed in school. The scholastic success of students who attend the Shalimar after school program is challenged both by poverty and language barriers. The THINK Together after school program is the only academic resource available to students who cannot afford paid tutoring and are unable to get homework help from their parents. Many students who attend are referred to the program by a teacher and must attend five days per week to acquire proficiency in core subjects, show improved grades and standardized test scores, and practice good study habits. The program operates each school day between 2:30 and 6:00 p.m. under the supervision of a Site Coordinator. With assistance from a dedicated corps of more than 100 volunteer tutors and mentors, students receive help comprehending and completing daily homework, tutoring in core subjects, and build relationships with caring adults. Enrichment activities are scheduled weekly on Friday afternoon, and summer programs provide academic activities that prepare students to begin the next school year with confidence.

Women Helping Women

Amount Requested: \$20,000

Annual Service Goal: 225 Individuals

Program Description: Women Helping Women upholds a mission to provide professional business apparel, image consulting and employment search support to aid low-income women in attaining & sustaining employment. Through our donors, volunteers & staff, we provide a positive & supportive environment for Orange County women in transition. In the Apparel Center, clients are provided with an extensive wardrobe selection that allows them to choose work-appropriate clothing so they can

dress suitably for job interviews & employment as they seek to enter or re-enter the work force. Clothing selection assistance is done on a 1-on-1 basis so that each woman can experience individual attention during her appointment time. The Business Learning Center includes an on-site computer lab offering basic computer & internet training, job skill development, resume building, job search & job placement services.

Youth Employment Services

Amount Requested: \$15,000

Annual Service Goal: 630 Individuals

Program Description: Walk-in Services for youth will increase employability and independence for youth ages 14 to 22 by teaching the processes, skills, attitudes and choices necessary to get, keep, learn and grow from a job as well as job referrals based on skills and interests. The program will provide individualized pre-employment skills training including how to find employment opportunities, how to complete an application, identifying appropriate references, resume building, interviewing, appropriate work attire, and how to succeed on the job. By working with local employers, the program will develop employment opportunities to which youth will be referred. Youth will be able to access the service according to need and as obstacles to employment occur. Walk-in services are used an average of 4 times per youth.