

## Directory of the Arts



### Janet Inez Adams

Mixed Media

**Janet Inez Adams** holds a MFA from CSU Fullerton in painting/printmaking, and a BFA from Hunter College of CUNY in Design. Janet's work is a healing practice with images and symbols from dreams and meditation.

"I BELIEVE IN THE TRANSFORMATIONAL POWERS OF COLOR AND SHAPE, both for healing my own body and our world."- Janet Inez Adams

Her work has been exhibited in many areas of the USA at museums, universities, and galleries, and has been collected for public and private display. She was chosen to create the FREEWAY ART PANELS in Orange County.

**Website:**

<http://janetadams.typepad.com>

**Featured Image:**

