



City of Costa Mesa ♦ Recreation Division Downtown Aquatic Center

POOL RULES AND REGULATIONS

For all users' safety, patrons are expected to follow all established pool rules and regulations. Warnings will be issued if violations occur—patrons endangering themselves or other users will be asked to leave the facility. All patrons are encouraged to have a safe and fun experience. If any questions or concerns should arise—please contact aquatic staff immediately. Remember SAFETY FIRST!

- Adults only 16 years of age and older for adult lap swim; and adults only 55 years of age and older for senior aquatics. No exceptions will be made.
- Children 14 years of age and younger must be accompanied by an adult 18 years of age or older at all times. No exceptions will be made.
- Children 6 years of age and younger must be within arms reach of an adult 18 years of age or older at all times. No exceptions will be made.
- Please do not change yourself or your children on the pool deck. Children 3 years of age and over must use same sex locker rooms. Family restrooms are located on the pool deck.
- Please WALK at all times – NO RUNNING!
- No horseplay, dunking, shoulder rides, fighting, profanity, or any other activity that could be harmful to yourself or others.
- All pool users and patrons must wear appropriate swim attire. No cut offs, leotards or T-shirts are allowed in the pool.
- Please shower prior to pool use. Please report any known health conditions or disability to pool management prior to entering water.
- Please be aware of changing depth of water—stay in depth of water that is appropriate to your swimming ability. If you are responsible for another individual be aware of their swimming ability and/or limitations—think SAFETY BEFORE FUN!
- No diving is permitted anywhere in the pool. No flips, cannonballs, helicopters, or jack knives from edge of pool.
- Flotation devices and toys of any kind are not allowed during open swim (including arm floats, life jackets, rafts, beach balls, etc.)
- No glass, food, drink, smoking, or gum is allowed in the aquatics facility.
- A swim test will be administered to all patrons who wish to swim in the deep area.
- Disciplinary action is issued in the following order:
 - First Offense: Verbal warning
 - Second Offense: Suspension from the water
 - Third Offense: Removal from aquatic programs at staff's discretion

Pool rules are not limited to those listed above. Lifeguards will ensure safety and provide directions as needed to prevent injuries or accidents. The Downtown Aquatic Center reserves the right to refuse service to anyone.